

Do you have enough ...

Nutrition - Qi - Energy - Vital Force  
to meet the demands of your life?

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- TCM believes that **new energy is made** from what we eat, drink and breathe.
  - Acupuncture treatments focus on nourishing and restoring the energy balance of your digestive system
  - Result = more energy, improved digestion and health.
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## Enzymes and Herbs Work Together

- Whole-herb formulations replenish and support your digestive system
- Enzymes aid digestion by breaking down herbs into their fundamental building blocks
- Enzymes do the work - Your body conserves energy
- Result = more nutrients and a balanced digestive system

### Acupuncture + Nutritional Planning = Success

The key to healing in my patients living with gluten intolerance is to use a customized plan of herbal recommendations in conjunction with a series of acupuncture treatments.

***Let's get you started on the path to lifelong health!***

Contact me today for a free 15 minute phone consultation  
to discuss your gluten intolerance questions

Dr. Mary Jennings, DC, Lac    [drmary@acupuncturecary.com](mailto:drmary@acupuncturecary.com)